

THE EYOT CENTRE CHANGING ROOM POLICY – May 2024

Unlike some other sports where there is a clear separation between adult, youth and junior sessions, paddlesports are often participated in by a mix of age groups at the same time. Therefore when it comes to the use of changing rooms it is not always easy to allocate specific time slots for use for adults only or use for children only.

Whilst there are no specific legal requirements regarding the use of changing facilities, the Eyot Centre have created the following policy based on guidance provided by Paddle UK.

There are no rules stipulating under 18s and adults of the same gender should not share changing facilities; however, wherever possible, the following should be considered and adhered to.

- Gender specific changing rooms are available.
- Changing Room Policy and contact details of who to report concerns or breach of the policy to, are clearly posted in or near each changing room for all users to see.
- Parents of U18s are aware of and agree to the Changing Room Policy and are aware they are for mixed age group use.
- Where possible, there should not be a time when one adult is alone in the changing room when U18's are present and vice versa. There should not be a time where an U18 is alone in the changing room when there are adults present (unless when the U18 is accompanied by their parent).
- Where possible, coaches should shower and change at a different time or in a different changing facility to the group they are coaching.
- Mobile phones, cameras or any other recording devices must not be used in changing rooms at any time.
- Parents of U18s should be allowed to supervise their child (of the same gender) whilst in the changing room.
- Children under the age of 8 can change (when accompanied by their parent), in the changing room of the opposite gender.

Remember, not everyone (adult or child), will be comfortable using group changing facilities. No pressure should ever be put on someone using the facilities and the option to change at home or for an individual to find an alternative provision should always be made available.